

Self-Assessment Health Check



Business:

Completed By:

Date:

Scoring Your Questionnaire ✓ in place and working well

? something in place, but unsure on how well this is working

X if there is nothing in place

Risk Management

Have a think about the areas of risk you have in the business and tick 'exist' column if they apply to your business. Do you have a policy and / or risk assessment (RA) to cover these risks? Score these columns as above.

	Exist	Policy	RA in Place		Exist	Policy	RA in Place
Asbestos				Legionella			
Biological hazards				Lone working			
Chemical Hazards				Machinery			
Construction/CDM				New & Exp. Mums			
Driving				Noise / Vibration			
Drugs & Alcohol				Vehicles / Vessels			
DSE				Water			
Fire				Working at Height			
Fork Lift Trucks				Young Persons			
High Voltage							

Is there a Company H&S Policy signed by the MD or equivalent and up to date? _____

What other control policies do you have? (score as above)

Risk Assessment _____ Accident Investigation _____ H&S Training _____ Control of Work / Permit System _____

Health and Safety Infrastructure

What arrangements do you have in place for managing health and safety? Note down the competent person for these areas, then give each area a score.

Audit		General H&S advice	
Risk Assessment		Inspections	
Fire Safety		Accident Investigation	
Safety Improvement Plan		Other	

Audit and Inspections

How do you manage your health and safety audits? Note down the info, then give each area a score.

	By Whom?	How Often?	Actions Tracked?
External third party audits other than accreditation			
Internal audits			
Management inspections and walk rounds			
Arrangements for Communications			

DMA Safety Management Ltd

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Actions

Now you've had a look at this, what actions are you going to take?

Where would you like to see improvements?

(Remember to deal with higher risk areas first)

Do you also want to see an improvement in your accident rate, or insurance premiums?

Are there other accreditations you would like to gain for your business?

If you'd like to chat over your results – give us a call on 019467 25801, or email emason@dmasml.com

Action to be Taken	By Whom	When	Status

DMA Safety Management Ltd

PO Box 13, Seascale, Cumbria, CA20 1WW

Tel 019467 25801 Website www.dmasml.com